

Don't depend on luck this St. Patrick's Day – designate a sober driver before the party begins.

What you need to know

In Delaware, DUI crashes and fatalities are at a record low. Even still, too many people continue to die in crashes that are completely preventable. Here are the facts that you need to know:

- Last year, 34 people were killed in alcohol-related crashes (33% of the total number of fatalities)
- Over 5000 people were arrested for DUI in 2011.
- 66 people were arrested for DUI during mobilizations for St Patrick's Day statewide

What you can do

Whether you are throwing a party, going to a friend's house, or hitting one of the local bars, avoiding a DUI arrest is simple if you make the choice to drive sober and encourage others to do the same. Choose to follow these tips:

If you are going out:

- Designate a sober driver or volunteer to be the sober driver yourself.
- Program the number for the local cab company in your cell phone
- Avoid drinking too much alcohol too fast. Pace yourself. Eat protein and carbohydrate rich foods. Alternate your green beer with non-alcoholic beverages.

If you are having friends over:

- Make sure all of your guests have a designated sober driver, as soon as they arrive.
- Provide non-alcoholic drink alternatives.
- Stop serving alcohol before the party ends.

You can find more information about impaired driving at www.ohs.delaware.gov and http://duirealtime.com.

Drive Sober. Arrive Alive DE.

This message is being sent to you the Office of Highway Safety, who asks you to drive safely at all times. For more information on this and other traffic safety programs, go to www.ohs.delaware.gov.